

Special Gluten Free Cookery Course

Evening Course

Wednesday 15th, 22nd & 29th Feb 2012 (7.30-9.30/10pm approx)

Day Course

Saturday 3rd March (10-3.30pm)

Delicious and Simple Everyday Foods and Treats.

A Must for anyone suffering from IBS, Celiac and Wheat Intolerance

Children's Cookery Class age 8-13 years

Saturday 14th April (11-1pm)

Beat the Recession/ Ideal Mother's Day Gift

Low-Fat Healthy & Nutritious Meals.

Reduce waste, feel better and enjoy a delicious new menu!

3 week Spring Cookery Course

Commencing 14th March, 21st March and 28th March
(7.30-9.30/10pm)

Day Course

Saturday 31st March (10-3.30pm)

To avoid disappointment Book Now. Places Limited.

For Enrolment Form Contact Marjorie on:

Phone: 096 22609 or 087 2304986

E-mail: marjorieskitchen@hotmail.com

GIFT VOUCHERS ALSO AVAILABLE

